

Youth Empowerment Process

for a whole school approach to mental health and wellbeing

Implementation sequence

Level One

**Professional Development
Introductory Workshop (two days)**
for school staff and community members

Level Two

**Professional Development
Planning Workshop (two days)**
for school core team members

Focus Module

Student Empowerment (one day)
for school staff, students, community
members/workers

Youth Empowerment Process

Prep for YEP (Youth Empowerment Process)

Meeting with the school's student
empowerment working group

Student-led YEP Workshop (two days)

for students, supported by adults

Taking Action

ongoing in-school support for student
leadership promoting positive mental health

YEP Re-connector Forum (one day/optional)

for participating schools