

MindMatters

Parent and Family Survey

Full version

Dear Parent, Caregiver or Family member

We are interested in finding out what you think about the climate of the school your child/children attends and what the school teaches about mental health and wellbeing, that is, the feelings, thoughts, relationships and behaviour within the school community. Your child or children will have completed a similar survey asking for their opinions on similar issues.

There are five boxes for you to indicate your opinion on each statement. The 'Do not know' column is there if you really do not know about the issues in that statement. We greatly appreciate your time and effort in completing this survey.

School name _____ Today's Date: / /

What year is/are your child/children in this year?

Year 7 <input type="checkbox"/>	Year 8 <input type="checkbox"/>	Year 9 <input type="checkbox"/>	Year 10 <input type="checkbox"/>
Year 11 <input type="checkbox"/>	Year 12 <input type="checkbox"/>	Year 13 <input type="checkbox"/>	Ungraded <input type="checkbox"/>

Please tick one box in each row

1. School environment					
A. Allocating dedicated resources These questions are about the resources the school has, including physical things like books, other written materials and equipment, as well as time and space.	Strongly Agree	Agree	Disagree	Strongly Disagree	Do not know
1. The physical environment of the school – the layout and surrounds – supports the mental health and wellbeing of the school community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. The school provides parents and caregivers with clear information about mental health and wellbeing issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. The school has places for private discussions between staff and parents and caregivers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Students who need a lot of support in mental health and wellbeing get help at this school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Staff at the school set aside enough time to meet regularly with students and parents and caregivers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. Positive communication and relationships These questions are about how people at the school get along with one another.	Strongly Agree	Agree	Disagree	Strongly Disagree	Do not know
6. There are opportunities for students and teachers to get to know each other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I receive information from the school about mental health and wellbeing materials they are using	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I am satisfied with the way the school communicates with parents and caregivers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. The school provides programs and activities that promote positive relationships among all students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Students at the school have teachers or other staff they can talk to if they need help or advice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. I feel welcome when I visit the school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. My children feel safe at this school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C. Policies and processes	A lot	Some	A little	Not at all	Do not know
13. I am aware of the school's policies on mental health and wellbeing issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. Curriculum and Teaching						
A. A 'whole student' approach						
The questions are about what your child may learn in a range of subjects.		A lot	Some	A little	Not at all	Do not know
14. The school encourages all students to participate in all parts of school life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
15. The school provides students with opportunities to involve their immediate or extended families in their school experiences	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
16. The school provides students with opportunities to develop their strengths	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
17. Students at this school learn about how to get along with other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
18. The students participate in formal social and emotional health and wellbeing skill development within the curriculum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
19. The school encourages students to set goals and plan their own learning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
20. Students at this school have their family or personal circumstances taken into account when required	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
21. The school sets clear, high expectations for student behaviour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
22. Students at this school get opportunities to learn about and experience responsibility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
B. Curriculum content and integration						
23. Students at this school learn about resilience and how to cope with different things in their lives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
24. Students at this school learn about bullying and harassment, what it is and how to stop it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
25. Students at this school learn about different cultures, families and ways of living	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
26. Students at this school are provided with opportunities to develop their understanding of mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
27. Students at this school learn about dealing with loss and grief	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
28. Students at this school learn about how to make decisions and solve problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
29. Students at this school learn about where to go and how to ask for help when they need it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
C. Teaching and learning for engagement						
These questions are about things the school might do to make learning more interesting for students.		A lot	Some	A little	Not at all	Do not know
30. Students who need extra help with learning get support from teachers and other students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
31. All students at this school are encouraged to try their best and have high expectations for themselves	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
32. Students have a strong sense of belonging and connection to this school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
33. Students get to comment on their own work and how well they think they have done	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
34. Students can explore their own interests when it is related to their class work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
3. Internal and external partnerships and services						
A. Communities, families, parents and caregivers						
These questions are about how the school relates to your local community - families, other community groups, other schools.		Strongly Agree	Agree	Disagree	Strongly Disagree	Do not know
35. The school encourages local or community groups to participate in school activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

36. Students' parents, caregivers or extended families are encouraged to be involved in a broad range of school activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
37. The school communicates regularly with parents and caregivers about mental health and wellbeing issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
38. The school understands and respects the variety of values of the wider school community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
39. Students at this school are encouraged to participate in local community groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
40. I feel that my views and questions are listened to and respected by the school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. Referral pathways These questions are about knowing where and how to get help or advice.	Strongly Agree	Agree	Disagree	Strongly Disagree	Do not know
41. Staff at the school respect the privacy of students and parents and caregivers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
42. The school provides information about referrals to a range of services for young people and their families when required	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
43. I have someone at the school that I can contact if I have questions or need advice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
44. I am comfortable in asking questions or seeking advice from the school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C. Transitions These questions are about how the school helps prepare students to deal with life changes.	Strongly Agree	Agree	Disagree	Strongly Disagree	Do not know
45. The school provides effective support for students returning to school after an incident or mental health issue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
46. Teachers and other staff look after the mental health and wellbeing of new students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
47. Teachers and other staff support the mental health and wellbeing needs of students who come from different social or cultural backgrounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
48. Parents and caregivers are provided with information to help students plan for life beyond school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
49. Teachers and other staff understand the issues that young people face growing up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50. Students are able to seek support at the school to help them deal with major transitions and events in their lives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Enablers					
These questions are about how the school supports the mental health and wellbeing of its community and how it collects feedback.	Strongly Agree	Agree	Disagree	Strongly Disagree	Do not know
51. Parents, caregivers and extended families have opportunities to act in leaderships roles in the school community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
52. Parents, caregivers and extended families have opportunities to provide feedback to the school about the mental health and wellbeing curriculum	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
53. Information about the results of the school's mental health and wellbeing surveys is provided back to the school community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
54. The school provides opportunities for parents, caregivers & community members to learn about mental health & wellbeing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Thank you for your time in completing this survey.