

TOOL 5 Strategic plan

SAMPLE PLAN A PRIORITY ISSUE: Destigmatising mental illness

OBJECTIVES	CURRENT SITUATION	STRATEGIES	SUPPORT	MONITORING
<p>What do we want to achieve about this issue in relation to:</p> <p>the school's curriculum teaching and learning</p> <p>increase students' knowledge of mental illness and their acceptance and understanding of mental illness</p>	<p>What's happening now?</p> <p>Ad hoc approach: as need arises</p>	<p>What do we need to do to achieve our objectives?</p> <p>Cover the <i>MindMatters</i> materials on mental illness in Psychology classes, Community Service classes, Work and Society classes, and in Pastoral Care</p>	<p>What resources are required (time, people, materials, agencies)?</p> <p>Teachers need time to review the materials and plan how they will use them in class</p> <p>Identify agencies with guest speakers</p> <p>Get materials that can be photocopied easily</p>	<p>What indicators of achievement / success will we look for?</p> <p>Increase in students' knowledge and understanding of mental illness</p> <p>Teacher observation of students' comments and discussion about mental illness and stigma</p>
<p>the school's ethos, organisation and environment</p> <p>teachers being more aware of the needs of students with mental illness or from families where there is mental illness. Better identification of students at risk and referral</p>	<p>Occasional mention of mental health in staff inservices, but mostly in relation to alcohol and drugs</p> <p>Most staff would feel that it's not their job to identify students at risk – not trained</p>	<p>Get staff to watch sections of the <i>MindMatters</i> video and discuss</p> <p>Staff inservice on mental health problems of young people</p> <p>Student counsellor to work with staff on how and when to refer students to him / her</p>	<p>Allocate some time at a staff meeting</p> <p>Professional input at inservice</p> <p>Identify services available to young people: advertise among staff</p> <p>Funding for guest speakers; pamphlets</p>	<p>Feedback from counsellor on staff involvement with student mental health</p> <p>Evaluation of inservice: feedback from staff</p> <p>A published set of procedures for referral, including statement of 'who needs to know'</p>
<p>partnerships with the community</p> <p>better understanding of the services available in this area</p>	<p>Insufficient knowledge about range of services and how to access them</p>	<p>Arrange biannual formal meetings with outside agencies</p> <p>Develop or adapt a directory of local mental health services</p>	<p>Commitment and time from local youth centre worker</p> <p>Venue for formal meeting</p> <p>Money for afternoon tea</p>	<p>Number of agencies attending the twice yearly meetings</p> <p>Increased knowledge of range of services in the area</p>

SAMPLE PLAN B

PRIORITY ISSUE: Dealing with bullying and harassment

OBJECTIVES	CURRENT SITUATION	STRATEGIES	SUPPORT	MONITORING
<p>What do we want to achieve about this issue in relation to:</p> <p>the school's curriculum teaching and learning</p> <p>increase students' awareness of the behaviours that constitute bullying</p>	<p>What's happening now?</p> <p>This issue not addressed in the curriculum</p>	<p>What do we need to do to achieve our objectives?</p> <p>Use the <i>MindMatters</i> materials on bullying in junior school classes</p> <p>Conduct research about bullying prevalence using the bullying survey in Facing facts section of <i>Dealing with Bullying</i></p>	<p>What resources are required (time, people, materials, agencies)?</p> <p>Teachers need time to review the materials and plan how they will use them in class</p>	<p>What indicators of achievement / success will we look for?</p> <p>Increase in students' knowledge and understanding bullying</p> <p>Increased likelihood of reporting of bullying incidents</p>
<p>the school's ethos, organisation and environment</p> <p>increase awareness of the rights and responsibilities of members of the school community</p>	<p>Currently violence is not tolerated, but teasing and exclusion is commonplace and usually ignored</p>	<p>Involve all staff in an awareness-raising PD session about bullying and effective response</p> <p>Run school-wide multicultural festival to promote celebration and understanding of diversity</p>	<p>Allocated some time at a staff meeting</p> <p>Professional input at inservice</p>	<p>Relevant staff meeting agendas</p> <p>Professional development calendar</p>
<p>partnerships with the community</p> <p>better structures for working with parents of students engaged in or affected by bullying</p>	<p>Insufficient knowledge about range of services and how to access them</p> <p>Parents do not know how to access support</p> <p>School only involves parents in most serious instances involving violent behaviour</p>	<p>Run parent forums</p> <p>Develop booklet for parents</p> <p>Identify how parents can pass on their concerns</p>	<p>Commitment and time of staff</p>	<p>Increased knowledge of avenues for seeking help</p> <p>Increase in numbers of students participating actively in class and extra-curricular activities</p> <p>Increase in number and quality of parent consultations</p> <p>Increase in number of parents who refer concerns to the school</p>

PRIORITY ISSUE: _____

OBJECTIVES What do we want to achieve about this issue in relation to:	CURRENT SITUATION What's happening now?	STRATEGIES What do we need to do to achieve our objectives?	SUPPORT What resources are required (time, people, materials, agencies)?	MONITORING What indicators of achievement / success will we look for?
the school's curriculum teaching and learning				
the school's ethos, organisation and environment				
partnerships with the community				